



Toronto, July 3<sup>rd</sup> 2020

## CAH MANAGEMENT PRESS RELEASE

As you know, with June now behind us, we all realize how much our lives and habits have changed in recent months.

June was supposed to be a month of celebration. June was Seniors Month in Ontario. It was also Gay Pride Month. And finally, St. John's Day was supposed to be the end of the celebrations. Normally, at CAH, we would all get together to share the celebration in a lively and energizing atmosphere...

Given the new reality of the pandemic, we had to dilute the celebration to observe the physical distancing. This is so different and new for all of us. As we move into Phase 2 of deconfinement and some restrictions are lifted, we will again meet as a team to determine how to orchestrate this.

As we move forward, it is essential that we recognize all that we have accomplished and take a moment to acknowledge the joint efforts that got us through the first phase of the crisis without having to face the worst consequences. This was possible because we worked together, each of us took our responsibilities very seriously and we all looked out for each other.

I want to thank each and every one of us for taking the lead. Clients, residents, caregivers and staff all did their part, and we were able to support and be supportive of each other.

As we can literally breathe a little more freely, I encourage everyone to remain vigilant and continue to follow the new regulations and health recommendations. As we become more familiar with our new business model, we will be able to shape a second phase that promotes wellness and safety so that we can all get together and have fun.

We've already tested a new way of doing things at Place Saint-Laurent, and we've been able to celebrate Canada Day together. I must congratulate everyone for collaborating and making this first small event possible. As the summer progresses, we will have more such gatherings. CAH's annual general meeting has unfortunately been postponed to September and will be held virtually. Stay tuned for details and instructions on how to participate.

As well, community gardens and balconies are in full bloom at Place St. Laurent and throughout the city, and I hope everyone is enjoying the event. I encourage you all to join our ALC (Active Living Centre) so that you can participate in our virtual activities and keep in touch.

Soon we will be contacting you to ask you to help us organize our next few months. While this will be frustrating for all of us, I think it may also be an opportunity to reconsider and rethink some of our activities.

We will also be asking you to help us implement our next phase of physical distancing and infection control in a way that is as effective as possible and reflects our specific needs and environment. In the meantime, enjoy the summer and stay safe and connected.

A handwritten signature in blue ink, appearing to read 'Barbara Ceccarelli', with a stylized, cursive script.

Barbara Ceccarelli,  
CAH Executive Director